

Swami Vivekanand University, Sagar (M.P.)

**As per model syllabus of U.G.C. New Delhi, drafted by
NCTE & Approved by Higher Education and the
Governor of M.P.**



शारीरिक शिक्षा संकाय
**Faculty of Physical Education
Syllabus & Prescribed Books**

**B.P.Ed Semester Examination
2016-17
I, II, III & IV Semester**

कुलसचिव
स्वामी विवेकानंद विश्वविद्यालय, सिरोंजा, सागर (म.प्र.)

Semester-I

B.P.Ed

Part A : Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
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Core Course

CC-101	History, Principles and foundation of Physical Education	70	28	30	12	100
CC-102	Anatomy and Physiology	70	28	30	12	100
CC-103	Health Education and Environmental Studies	70	28	30	12	100

Elective Course (Anyone)

EC-101	Olympic Movement	70	28	30	12	100
EC-102	Officiating and Coaching					

Part-B Practical Course

PC-101	Track and Field (Running Events)	70	35	30	15	100
PC-102	Swimming/Gymnastics/Shooting	70	35	30	15	100
PC-103	Indigenous Sports: Kabaddi / Malkhambh/ lezim / March past	70	35	30	15	100
PC - 104	Mass Demonstration Activities: Kho-Kho / dumbbells / tipri / wands / hoop /umbrella	70	35	30	15	100
Total		560		240		800

B.P.Ed. - Minimum Passing Standard:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

Semester-II B.P.Ed

Part A: Theoretical Course

Course Code	Title of the Papers	Maximum Internal Marks	Minimum External Passing	Maximum Internal Marks	Minimum Internal Passing	Total Maximum Marks
Core Course						
CC-201	Yoga Education	70	28	30	12	100
CC-202	Educational Technology and Methods of Teaching in Physical Education	70	28	30	12	100
CC-203	Organization and Administration	70	28	30	12	100
Elective Course (Anyone)						
EC-201	Contemporary issues in physical education, fitness and wellness	70	28	30	12	100
EC-202	Sports Nutrition and Weight Management					
Part-B Practical Course						
PC-201	Track and Field(Jumping Events)	70	35	30	15	100
PC-202	Yoga/Aerobics/Gymnastics/ Swimming	70	35	30	15	100
PC-203	Racket Sports:Badminton/ Table Tennis/ Squash/ Tennis	70	35	30	15	100
Part – C Teaching Practices						
TP - 201	Teaching Practices (05lessons in class room teaching and 05 lessons in outdoor activities)	70	35	30	15	100
Total		560		240		800

B.P.Ed. 13. Minimum Passing Standard:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

Semester-III B.P.Ed

Part A : Theoretical Course

Course Code	Title of the Papers	Maximum Internal Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
Core Course						
CC-301	Sports Training	70	28	30	12	100
CC-302	Computer Applications in Physical Education	70	28	30	12	100
CC-303	Sports Psychology and Sociology	70	28	30	12	100
Elective Course (Anyone)						
EC-301	Sports Medicine, Physiotherapy and Rehabilitation	70	28	30	12	100
EC-302	Curriculum Design					
Part-B Practical Course						
PC-301	Track and Field (Throwing Events)	70	35	30	15	100
PC-302	Combative Sports: Martial Art/ Karate/ Judo/ Fencing/ Boxing/ Taekwondo/ Wrestling (Any two out of these)	70	35	30	15	100
PC-303	Team Games: Baseball/ Cricket/ Football/ Hockey/ Softball/ Volleyball/ Handball/ Basketball/ Netball (Any two of these)	70	35	30	15	100
Part – C Teaching Practices						
TP - 301	Teaching Practice:(Teaching Lesson Plans for Racket Sport/ Team Games/Indigenous Sports) (out of 10 lessons 5 internal and 5 external at practicing school)	70	35	30	15	100
Total		560		240		800

B.P.Ed. 13. Minimum Passing Standard:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

Semester-IV B.P.Ed

Part A: Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing	Maximum Internal Marks	Minimum Internal Passing	Total Maximum Marks
Core Course						
CC-401	Measurement and Evaluation in Physical Education	70	28	30	12	100
CC-402	Kinesiology and Biomechanics	70	28	30	12	100
CC-403	Research and Statistics in Physical Education	70	28	30	12	100
Elective Course (Anyone)						
EC-401	Theory of sports and game	70	28	30	12	100
EC-402	Sports Management					
Part-B Practical Course						
PC-401	Track and Field /Swimming Gymnastics (Any one out of three)	70	35	30	15	100
PC-402	Kabaddi/ Kho-Kho/Baseball/ Cricket/ Football/Hockey/Softball/ Volleyball/ Handball/ Basketball/ Netball/ Badminton/ Table Tennis/ Squash/ Tennis (Any Two of these)	70	35	30	15	100
Part – C Teaching Practices						
TP-401	Sports specialization: Coaching lessons Plans(One for Sports 5 lessons)	70	35	30	15	100
TP-402	Games specialization: Coaching lessons Plans(One for Games 5 lessons)	70	35	30	15	100
Total		560		240		800

B.P.Ed. 13. Minimum Passing Standard:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

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